

**Uric acid**

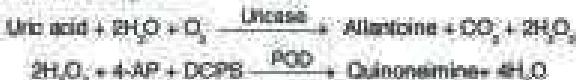
Uricase -POD. Enzymatic colorimetric

**Quantitative determination of uric acid****IVD**

Store at 2-8°C

**PRINCIPLE OF THE METHOD**

Uric acid is oxidized by uricase to allantoin and hydrogen peroxide ( $2\text{H}_2\text{O}_2$ ), which under the influence of POD, 4-aminophenazone (4-AP) and 2-4 Dichlorophenol sulfonate (DCPS), forms a red quinonimine compound:



The intensity of the red color formed is proportional to the uric acid concentration in the sample<sup>1,2</sup>.

**CLINICAL SIGNIFICANCE**

Uric acid and its salts are end products of the purine metabolism. With progressive renal insufficiency, there is retention in blood of urea, creatinine and uric acid.

Elevated uric acid level may be indicative of renal insufficiency and is commonly associated with gout<sup>3,4</sup>.

Clinical diagnosis should not be made on a single test result; it should integrate clinical and other laboratory data.

**REAGENTS**

R 1 Buffer	Phosphate pH7.4: 2-4 Dichlorophenol sulfonate (DCPS)	50 mM/L 4 mM/L
R 2 Enzymes	Uricase Peroxidase (POD) Ascorbate oxidase 4-Aminophenazone (4-AP)	60 U/L 900 U/L 300 U/L 1 mM/L
URIC ACID CAL	Uric acid aqueous primary standard	5 mg/dL

**PREPARATION**

Working reagent (WR): Dissolve (-) the contents of one vial R 2 Enzymes in one bottle R 1 Buffer. Cap and mix gently to dissolve contents. (WR) is stable after reconstitution 1 month at 2-8°C or 10 days at room temperature.

**STORAGE AND STABILITY**

All the components of the kit are stable until the expiration date on the label when stored tightly closed at 2-8°C, protected from light and contamination prevented during their use.

Do not use reagents over the expiration date.

**Signs of reagent deterioration:**

- Presence of particles and turbidity.
- Blank absorbance (A) at 530 nm  $\approx$  0.16.

**ADDITIONAL EQUIPMENT**

- Spectrophotometer or colorimeter measuring at 530 nm.
- Matched cuvettes 1.0 cm light path.
- General laboratory equipment.

**SAMPLES**

- Serum or plasma<sup>1</sup>: Stability 3-5 days at 2-8°C or 6 months at -20°C.
- Urine (24 h)<sup>1</sup>: Stability 4 days at 15-25°C, pH >8. Dilute sample 1/50 in distilled water. Mix. Multiply results by 50 (dilution factor).
- If urine is cloudy, warm the specimen to 60°C for 10 min to dissolve precipitated urates and uric acid. Do not refrigerate.

**PROCEDURE**

1. Assay conditions:

Wavelength: 530 nm (490-550)  
Cuvette: 1 cm light path  
Temperature: 37°C / 15-25°C

2. Adjust the instrument to zero with distilled water.

3. Pipette into a cuvette:

	Blank	Standard	Sample
WR (µL)	1.0	1.0	1.0
Standard (mg/dL) (µL)	--	25	--
Sample (µL)	--	--	25

4. Mix and incubate for 5 min at 37°C or 10 min at 15-25°C.
5. Read the absorbance (A) of the samples and Standard, against the blank. The colour is stable for at least 30 minutes.

**CALCULATIONS**

Serum or plasma

$$\begin{aligned} (\text{A}) \text{ Sample} - (\text{A}) \text{ Blank} \times 5 \text{ (standard conc.)} &= \text{mg/dL uric acid in the sample} \\ (\text{A}) \text{ Standard} - (\text{A}) \text{ Blank} \end{aligned}$$

Urine 24 h

$$\begin{aligned} (\text{A}) \text{ Sample} - (\text{A}) \text{ Blank} \times 5 \times \text{vol. (dL)} \text{ urine 24 h} &= \text{mg/24 h uric acid} \\ (\text{A}) \text{ Standard} - (\text{A}) \text{ Blank} \end{aligned}$$

Conversion factor: mg/dL  $\times 50.5 = \mu\text{mol/L}$ **QUALITY CONTROL**

Control sera are recommended to monitor the performance of assay procedures: SPINCONTROL H Normal and Pathologic (Ref. 1002120 and 1002210).

If control values are found outside the defined range, check the instrument, reagents and calibrator for problems.

Each laboratory should establish its own Quality Control schema and corrective actions if controls do not meet the acceptable tolerances.

**REFERENCE VALUES\***

Serum or plasma:

Women	2.5 - 8.8 mg/dL	$\equiv$	149 - 405 $\mu\text{mol/L}$
Men	3.8 - 7.7 mg/dL	$\equiv$	214 - 458 $\mu\text{mol/L}$

Urine	250 - 750 mg/24 h	$\equiv$	1,49 - 4,5 mmol/24 h
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These values are for orientation purposes; each laboratory should establish its own reference range.

**PERFORMANCE CHARACTERISTICS**

Measuring range: From detection limit of 0.00 mg/dL to linearity limit of 40 mg/dL.

If the results obtained were greater than linearity limit, dilute the sample 1/2 with NaCl 9 g/L and multiply the result by 2.

**Precision:**

	Intra-assay (n=20)		Inter-assay (n=20)	
Mean (mg/dL)	4.74	10.56	4.73	10.50
SD	0.02	0.03	0.13	0.29
CV (%)	0.50	0.30	2.67	2.77

Sensitivity: 1 mg/dL = 0.02930.

Accuracy: Results obtained using SPINREACT reagents (y) did not show systematic differences when compared with other commercial reagents (x).

The results obtained using 50 samples were the following:

Correlation coefficient:  $r^2 = 0.97137$ .

Regression equation:  $y = 1.162x + 0.14186$ .

The results of the performance characteristics depend on the analyzer used.

**INTERFERENCES**

No interferences were observed to bilirubin up to 170  $\mu\text{mol/L}$ , hemoglobin up to 130 mg/dL, and ascorbic acid up to 570  $\mu\text{mol/L}$ .

A list of drugs and other interfering substances with uric acid determination has been reported<sup>1,2</sup>.

**NOTES**

1. URIC ACID CAL: Proceed carefully with this product because due to its nature it can get contaminated easily.
2. Calibration with the aqueous standard may cause a systematic error in automatic procedures. In these cases, it is recommended to use a serum Calibrator.
3. Use clean disposable pipette tips for its dispensation.
4. SPINREACT has instruction sheets for several automatic analyzers. Instructions for many of them are available on request.

**BIBLIOGRAPHY**

1. Schulz A. Uric acid. Kasper A et al. in: Clin Chem The C.V. Mosby Co. St Louis. Toronto. Princeton 1984: 1261-1268 and 419.
2. Fossati P et al. Clin Chem 1980;26:227-231.
3. Young DB. Effects of drugs on Clinical Lab. Tests, 4th ed AACC Press, 1995.
4. Young DB. Effects of disease on Clinical Lab. Tests, 4th ed AACC 2001.
5. Burtis A et al. Tietz Textbook of Clinical Chemistry, 3rd ed AACC 1999.
6. Tirol H W et al. Clinical Guide to Laboratory Tests, 3rd ed AACC 1995.

**PACKAGING**

- Ref. 1001010 R1: 10 x 20 mL, R2: 10 → 20 mL, CAL: 1 x 5 mL  
 Ref. 1001011 R1: 10 x 50 mL, R2: 10 → 50 mL, CAL: 1 x 5 mL  
 Ref. 1001012 R1: 4 x 125 mL, R2: 4 → 125mL, CAL: 1 x 5 mL  
 Ref. 1001013 R1: 4 x 250 mL, R2: 4 → 250mL, CAL: 1 x 5 mL